

Youth Fitness Swimming Class

This class is ideal for youth and teens interested in keeping fit in the water without the competitiveness of swim team. All participants must be able to complete 50 yards of all four strokes continuously. This program focuses on fitness, endurance, and stroke refinement.

Class	Dates	Day	Time	Fees CR SDR/NR
484200.01	Sept. 16–Oct. 21	Sunday	Noon – 1 pm	\$48/\$58
484200.02	Nov. 4–Dec. 16	Sunday	Noon – 1pm	\$48/\$58

Registration begins on August 20, 2012. Please visit the website for further information www.DublinOhioUSA.gov. If you have questions please contact Courtenay Chaffin at 614.410.4597.

